



## Food Assistance Resources

### Long Beach Senior Center

Center remains open only for cafe and lunch meals. Call the number for more information.

**1150 E. 4th St.  
Long Beach, CA 90802  
Hours: Monday - Friday  
Phone: (562) 570-3506**

### Lutheran Social Services

Lutheran Social Services provides access to a local food pantry with nutritious, non-perishable food in cans or cartons and refrigerated meats, vegetables, and dairy products.

**1611 Pine Ave.  
Long Beach, CA 90813  
Hours: Monday - Thursday, 10 AM - 2 PM  
Phone: (562) 599-1312  
[wrubio@lsssc.org](mailto:wrubio@lsssc.org)**

### Long Beach Alliance for Food and Fitness

The Long Beach Alliance for Food & Fitness (LBAFF) is a group of community members, non-profit agencies, and public organizations that want to bring quality, affordable healthy foods to Long Beach residents and create opportunities for Long Beach residents to be more physically active in a safe environment.

**759 Linden Avenue,  
Long Beach, CA 90813  
Healthy Meals, Healthy Families  
Hours: Monday & Wednesday, 10 AM - 12:30 PM  
Phone: (562) 264-3115**



### Women, Infants, and Children Program (WIC)

Provides monthly food coupons, nutrition education, breastfeeding support, and referrals to medical and social services in the community. Provides extensive educational services and counseling in nutrition and breastfeeding. Must meet eligibility criteria to participate.

**1133 Rhea Street**

**Long Beach, CA 90806**

**Hours: Monday - Friday, 8:30 AM - 5:30 PM**

**Phone: (562) 570-4242**

**[health-wic@longbeach.gov](mailto:health-wic@longbeach.gov)**